

HAPPY VALLEY HASH HOUSE HARRIERS - RISK ASSESSMENT

Definitions:

Hash - A run or walk following a prepared trail (marked using coloured flour); Check - marked point where trail diverges;

RV - the start and finish point of the Hash; Hashers - all runners and walkers; Hares - the members who lay the trail and then control the participants

<u>HAZARDS</u>	<u>WHO IS AT RISK</u>	<u>CONTROL MEASURES</u>	<u>RISK RATING</u>	<u>ADDITIONAL CONTROLS</u>	<u>RESIDUAL RISK RATING</u>
<u>In area to be used:</u>	All runners and walkers	Hares to choose suitable terrain and inform all hashers of any hazards prior to the Hash.	1 x Low	First Aid Kit to be available at the RV	
Uneven ground, uneven surfaces, slopes/steps, tree roots/branches		Remind Hashers to wear appropriate footwear		Hares to give safety brief before start of Hash	
vegetation (prickly/stinging), wire/ruined fences, streams in water, mud snakes					
<u>Adverse weather:</u>					
Wet/cold weather - increased slip hazard and mild hypothermia	All runners and walkers	Hares to advise all runners and walkers of the appropriate conditions and hazards	1 x Low	Wet/cold - advise hashers to dress for the conditions and have a change of clothes	
Very hot weather - dehydration hazard				Hot - advise hashers to carry water and ensure water is available at the RV	
<u>Hares getting lost with group</u>	All runners and walkers	Hares to lay trail beforehand and to familiarise themselves with terrain and way back to RV	1 x Low	Run and Walking Hares to know route of the other run/walk	
<u>Lost runners/walkers</u>	All runners and walkers	Hares to encourage mustering at Checks where front runners/walkers wait for slower Hashers	1 x Low	If Hasher not accounted for, hares to note where last seen, and then organise search party	
<u>Animals:</u>					
Members dogs - tripping up hashers or disturbing farm animals eg goats, sheep, chickens	All runners and walkers	All participants to be responsible for the strict control of their dogs	1 x Low	Dog owners to carry leads with them at all times	

Farm animals - disturbing during runs	Farm animals	All runners and walkers are to give due consideration to all animals they encounter on a Hash - runners are to walk when in the close proximity of animals	1 x Low		
<u>Hashing in the dark</u>	All runners and walkers	Running in the dark is not an activity of this Hash			
<u>Crossing or Following Roads</u>	All runners and walkers	Normally Hashes in Cyprus do not cross or use roads but, where this is inevitable, hares to advise and control the Hashers	1 x Low		
<u>Assessor</u>		<u>Manager</u>			
Name:	A J Bruce	Name:	Christopher Pook		
Rank/Grade:	Treasurer RAF Wing Commander (retd)	Rank/Grade:	On President		
Date:	7 January 2017	Date:	7 January 2017		